

International course on “Care Pathways” and organization of care processes

Solstrand Fjord Hotel, Os, Norway, September 12 - 14, 2011



Organized by the Research Network on Integrated Health Care in Western
Norway in collaboration with the European Pathway Association (E-P-A)



Why do we organize a course in planning and implementation of Care Pathways?

Care pathways, also known as clinical pathways, critical pathways, integrated care pathways or care maps, are now used throughout the world to systematically plan and follow up a patient focused care program. The European Pathway Association (E-P-A) supports the development, implementation, evaluation and continuous follow-up of care pathways. Therefore the E-P-A organizes a three day course to teach you the concepts of care pathway methodology. This interactive course combines educational courses lead by experienced teachers with relevant discussions. At the end of the three days you will be able to systematically plan, develop and follow up your own pathway projects.

Since 2007, the “Summer School”-courses organized by the E-P-A have been real successes!! The present course includes the core contents from previous “Summer Schools”.

If you have further questions on this course, please do not hesitate to contact the leader of the Norwegian E-P-A section, Dr. Eva Biringer (eva.biringer@helse-fonna.no) or Ms. Alexandra Pardon at the E-P-A office in Belgium (alexandra.pardon@med.kuleuven.be).

Best regards,

Prof. Dr. Massimiliano Panella
E-P-A President

Dr. Kris Vanhaecht
E-P-A Secretary General

Dr. Eva Biringer
Leader
Norwegian E-P-A
section and Research
Network on Integrated
HealthCare in Western
Norway

The European Pathway Association (E-P-A) is an international not for profit organization of Clinical Care Pathway networks, user groups, and academic institutions, supporting organizations and individuals who want to support the development, implementation and evaluation of Care Pathways. The association has an international network of pathway facilitators, researchers and managers. More information can be found on www.E-P-A.org. The Norwegian section of E-P-A was formed in 2011.



Care Pathways?

Care pathways are a complex intervention for the mutual decision-making and organization of predictable care for a well-defined group of patients during a well-defined period.

Defining characteristics of care pathways include:

- an explicit statement of the goals and key elements of care based on evidence, best practice, and patient expectations;
- the facilitation of the communication, coordination of roles, and sequencing of activities of the multidisciplinary care team, patients and their relatives;
- the documentation, monitoring, and evaluation of variances and outcomes; and
- the identification of the appropriate resources

The aim of a Care Pathway is to enhance the quality of care by improving patient outcomes, promoting patient safety, increasing patient satisfaction, and optimising the use of resources.



PROGRAMME – CARE PATHWAYS COURSE

Solstrand Fjord Hotel, Norway, Sept. 12-14, 2011

Day 1: Monday Sept. 12: 12.00 – 18.30: What about care pathways?

12.00 – 13.00: Lunch at Solstrand Fjord Hotel

13.00 – 14.00: Welcome, course overview and goals: Dr. Eva Biringer

14.00 – 16.00: An introduction to Care Pathways: Dr. Kris Vanhaecht

16.00 – 16.30: Coffee break

16.30 – 17.30: What are the effects of Care Pathways?: Prof. Massimiliano Panella

17.30 – 18.30: Plenary discussion on the goal of Pathways for you: Mr. Ruben van Zelm &

Dr. Eva Biringer

20.00: Dinner at Solstrand Fjord Hotel

Day 2: Tuesday Sept. 13: 09.00 – 19.00: Developing and implementing pathways

09.00 – 11.30: E-P-A 7-phase approach to develop and implement a Pathway : Dr. Kris

Vanhaecht

11.30 – 12.30: The role of the interdisciplinary team: Mr. Ruben van Zelm

12.30 – 13.30: Lunch at Solstrand Fjord Hotel

13.30 – 16.00: Pathways from an organization point of view: Prof. Massimiliano Panella

16.00 – 16.30: Coffee break

16.30 – 18.30: Lean management & pathways: Mr. Ruben van Zelm

18.30 – 19.00: Round up of the day: Dr. Eva Biringer

20.00: Dinner at Solstrand Fjord Hotel

Day 3: Wednesday Sept. 14: 09.00 – 15.30 : Pathways in practice and their evaluation

09.00 – 10.30: Pathways in action: Dr. Kris Vanhaecht

10.30 – 12.00: Evaluation research: Formative evaluation: Prof. Massimiliano Panella

12.00 – 13.00: Lunch at Solstrand Fjord Hotel

13.00 – 14.00: Evaluation research: Summative Evaluation: Prof. Massimiliano Panella

14.00 – 15.00: How to get started: Dr. Kris Vanhaecht & Mr. Ruben van Zelm

15.00 – 15:30: Plans for the future & closing: Dr. Eva Biringer

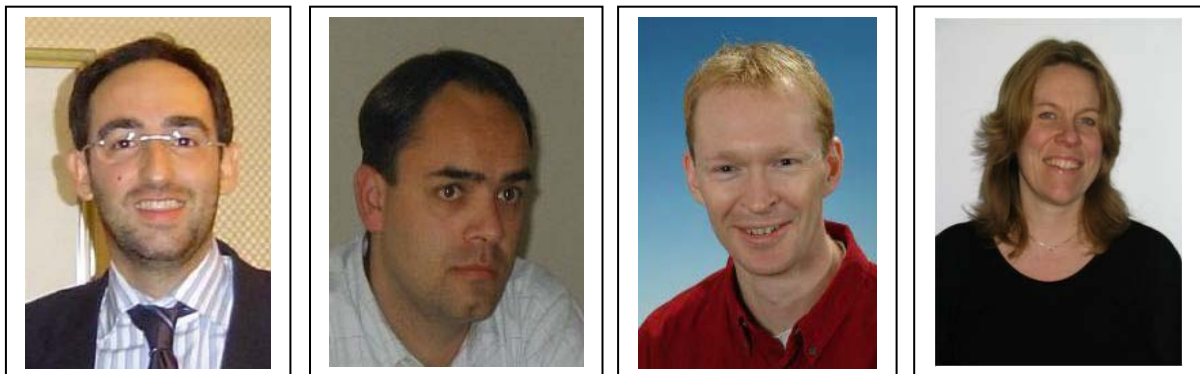
The international teaching team

Prof. Dr. Massimiliano Panella (MD, PhD) is professor in Public Health at the Amedeo Avogadro University in Piedmont, Italy and he is the president of the E-P-A. He has experience in management of hospitals and primary care and has more than 10 years of experience in Pathway development and research. Under Massimiliano's supervision several randomized controlled trials on care pathways have been performed.

Dr. Kris Vanhaecht (RN, PhD) is post doctoral research fellow at the Catholic University of Leuven, Belgium, where he teaches Quality Management. He has more than 10 years of experience in Pathways and performed a PhD study on the impact of clinical pathways. He is mainly interested in organizational, multidisciplinary change and quality improvement methods. Kris is the Secretary General of the E-P-A and leads the international multicenter study on Care Pathways.

Mr. Ruben van Zelm (RN, MSc) is Senior Advisor for Q-consult in the Netherlands and has 9 years of experience in Care Pathways. Ruben is mainly interested in the relation with Evidence-Based Medicine and the use of clinical guidelines in Pathways. He is the E-P-A expert in Lean Management. Ruben is the E-P-A Secretary and responsible for the E-P-A Newsletter.

Dr. Eva Biringer (MD, PhD) is leader of the Research Network on Integrated Health Care in Western Norway and the recently formed Norwegian National section of the E-P-A. She is currently doing a research project on postdoctoral level in the Helse Fonna Local Health Authority, Norway.



How to apply for a place on the Pathway Course at Solstrand Fjord Hotel, Norway Sept. 12 – 14, 2011?

The number of participants is limited. We aim at selecting a multidisciplinary and international group of health care professionals. Therefore you will need to apply for a place by downloading the Application form from the E-P-A website (www.E-P-A.org). The sooner you apply, the sooner you will know if you are accepted (first come first serve). The final date for submission of the Application form is June 30, 2011.



General information

The course is held at the Solstrand Fjord Hotel, which is situated near the village of Os. Os is 40 minutes south of Bergen on the beautiful West coast of Norway. It takes approximately 40 minutes by taxi/bus from Flesland Airport to Os village. There are two options:

- **Basic option:** three days course, more than 20 hours education by an experienced international team of teachers, course material (handouts, publications) and one session about Lean Management. During the three lunches and coffee breaks you can enjoy the magnificent fjord view from the Solstrand Fjord Hotel.

In this option, you arrange your own hotel accommodation (for more information, see <http://www.visitnorway.com/en/Stories/Norway/Fjord-Norway/Bergen> for accommodation in the city of Bergen, or for an alternative hotel in the Os village, see <http://bjornefjordengjestetun.no/en/>).

The delegate fee for this basic option is **1.600,- EUR (NOK 12.400,-)** (incl. lunch and coffee breaks, but not including dinner in the evenings).

- **Full option:** This option combines the basic option + two nights' accommodation including dinner in the evening at the wonderful Solstrand Fjord Hotel (Bed & Buffet Breakfast) (see <http://www.solstrand.com/english/articles.asp?segment=3&ID=139>)

(arrival at Monday morning, departure at noon Wednesday). Solstrand Fjord Hotel has got a beautiful fjord view, and SPA and wellness department.

The delegate fee for this full option is **2.065,- EUR (NOK 16.000,-)**.

When your application is accepted, you will receive an invoice. You are an official delegate when your deposit is transferred to the bank account.

NOTICE: The language of this course is ENGLISH. There is no simultaneous translation. Participants must understand and speak English.

Feedback from previous “Summer School” courses by the E-P-A

During the “Summer Schools” for which the E-P-A has been responsible since 2007, people from almost 20 nations have participated.



The Summer School was like a pathway itself. Leading the delegates from the inception of Pathways through the methodology for development, multidisciplinary and patient involvement, supporting evidence and evaluation of effectiveness. This is a fantastic achievement but even more so when one considers that the Summer School was conducted in English despite the fact that only 5 delegates and 2 instructors were native English speakers. (Camille Staunton, Ireland)

The Summer School was truly international and demonstrated the universal desire for good patient care. (Jo Hoeflok & Joan Park, Canada)

We also support the fact you gave us all the opportunity to share our own experiences and... also the Italian wine was wonderful. (Batsereedene Bata, Mongolia)

The more you learn, the more you realize you know nothing at all! That is what I realized in Orta. (Svin Deneckere, Belgium)

Even though I didn't get all solutions to all the practical questions I had at the beginning of the School, I got ideas how should we continue with our care pathways. I will recommend the course to my colleagues. (Anne Korhonen, Finland)