

3rd International Summer School on Care Pathways and Organization of care processes

Lago D'Orta, Italy, September 6 – 10, 2010



*Organised by
The European Pathway Association(ivzw)*



www.E-P-A.org

The European Pathway Association is an international not for profit association.

Why do we organize a 3rd summer school on Care Pathways ?

Care pathways, also known as clinical pathways, critical pathways, integrated care pathways or care maps, are now used throughout the world to systematically plan and follow up a patient focused care program. Despite their prevalence, many issues relating to pathways remain unsettled. The European Pathway Association (www.E-P-A.org) wants to support the development, implementation, evaluation and continuous follow up of care pathways. Therefore the E-P-A is organizing a 5-day summer school to teach you the concepts of the care pathway methodology. This interactive summer school will combine educational courses lead by experienced teachers with discussions, international group work and time to work under supervision on your own pathway project. At the end of the 5 days you will be able to systematically plan, develop and follow up your own pathway projects.

The first two Summer Schools, in 2007 & 2008, were a real success! Based on the evaluation and the advice of the delegates we slightly revised the content and timing but we are really looking forward to be back in Orta, share our knowledge on pathways and learn from your experiences.

If you have further questions on this summer school, please do not hesitate to contact us via our office manager Mrs. Pardon Alexandra.Pardon@med.kuleuven.be

Best Regards,

Massimiliano Panella
E-P-A President



Kris Vanhaecht
E-P-A Secretary General

The European Pathway Association (E-P-A) is an international not for profit organization of Clinical Pathway / Care Pathway Networks, User Groups, Academic Institutions, Supporting Organisations and individuals who want to support the development, implementation and evaluation of care pathways.

The association has an international network of pathway facilitators, researchers and managers.

More information on the E-P-A can be found on www.E-P-A.org

Care Pathways ?

Care pathways are a complex intervention for the mutual decision-making and organization of predictable care for a well-defined group of patients during a well-defined period.

Defining characteristics of care pathways include:

- An explicit statement of the goals and key elements of care based on evidence, best practice, and patient expectations;*
- The facilitation of the communication, coordination of roles, and sequencing the activities of the multidisciplinary care team, patients and their relatives;*
- The documentation, monitoring, and evaluation of variances and outcomes; and*
- The identification of the appropriate resources.*

The aim of a care pathway is to enhance the quality of care by improving patient outcomes, promoting patient safety, increasing patient satisfaction, and optimizing the use of resources.





3rd European Pathway Association Summer School Time Table

	Monday 6 September	Tuesday 7 September	Wednesday 8 September	Thursday 9 September	Friday 10 September
	Introduction to Pathways	Understanding the actual Pathway Process	Organisation & Operations	Evaluation of Pathways	Pathways in Action
9:00 – 10:30	Welcome to Orta (MP) <ul style="list-style-type: none"> Course introduction Introduction of participants General information Group discussion 	Case Study on Patient Focused Care (RVZ) <ul style="list-style-type: none"> Analysing the process Defining the goals Finding the bottlenecks Small group discussion 	Organisational Factors (WS & MP) <ul style="list-style-type: none"> Organisation models & complexity (WS) Cross boundary organisation (MP) 	The Need to Evaluate (WS) <ul style="list-style-type: none"> Clinical safety Service Team Benchmarking 	Layout of CP (CW + KVH) <ul style="list-style-type: none"> Different lay-outs (KVH) Can we appraise pathways (CW) Variance tracking (CW) Follow-up (KVH)
10:30 – 11:00	Coffee & Networking	Coffee & Networking	Coffee & Networking	Coffee & Networking	Coffee & Networking
11:00 – 12:30	Introduction to Care Pathways: (KVH) <ul style="list-style-type: none"> Definition Main Problems Why Do they work? (MP) <ul style="list-style-type: none"> Lit review Outcomes & Safety Costs 	How to audit your original process: Market Place <ul style="list-style-type: none"> Process Mapping (CW) IDEFO (MP) Organisational factors (WS) CPSET (KVH) 3 blackboard technique (RVZ) Group discussion on tools for case study	Lean management & pathways (RVZ) <ul style="list-style-type: none"> Lean simulation business game Theory of Lean Pathways 	How to evaluate (MP) <ul style="list-style-type: none"> Evaluation design Choosing the right indicator Collecting appropriate data Formative and summative evaluation 	Case studies on pathways <ul style="list-style-type: none"> Palliative Care pathway project (CW) Total Knee Replacement pathway project (KVH) Heart Failure pathway project (MP)
12:30 – 13:30	Lunch	Lunch	Lunch starts at 13.30	Lunch	Lunch
13:30 – 15:30	PDSA and pathways (KVH) <ul style="list-style-type: none"> Project Plans Scenarios Multidisciplinary Teamwork (KVH + WS) <ul style="list-style-type: none"> Managing professionals CP and teamwork Clinical Microsystems 	Patient Involvement (CW) <ul style="list-style-type: none"> Why involve? Different levels Tools Walkthroughs Evidence Based Practice (RVZ) <ul style="list-style-type: none"> How to build evidence in your pathway EBM Databases 	14:30 Free or possibility to discuss your own project plans individually with the E-P-A experts and/or other summer school delegates.	Case study on evaluation: <ul style="list-style-type: none"> Before / after study on pathway (WS) Clustered Randomised Controlled Trails to evaluate pathways (MP) 	Group discussion on Implementation and Follow-up (ALL) <ul style="list-style-type: none"> Pitfalls Strategies Test phase
15:30 – 16:00	Coffee & Networking	Coffee & Networking	Free or own project plan	Coffee & Networking	Coffee & Networking
16:00 – 17:00	Project Plan of own project in small groups	Project Plan of own project in small groups	Free or own project plan	Project Plan of own project in small groups	Course Evaluation
Evening	Networking Event	Free	Free	Free	E-P-A Dinner Presentation of certificates

E-P-A teachers: MP: Massimiliano Panella KVH: Kris Vanhaecht WS:Walter Sermeus RVZ: Ruben Van Zelm CW: Claire Whittle



The international teaching team



Mrs. Claire Whittle (RN, MSc, PhD Cand) is a Quality Manager within NHS, Heart of England and has more than 10 years of experience in pathways. Claire is conducting a PhD on the development of ICPs and the validation of the Integrated Care Pathway Appraisal Tool. Claire is involved in networking, educational courses and research in this field in the UK.



Prof. Dr. Massimiliano Panella (MD, PhD) is professor in Public Health at the Amedeo Avogadro University in Piedmont, Italy and is the president of E-P-A. He has experience in management of hospitals and primary care and has more than 10 years of experience in pathway development and research. Under Massimiliano's supervision several randomized controlled trials on care pathways have been performed in Italy.



Prof. Dr. Walter Sermeus (RN, PhD) is professor in Patient Care Management, Research Methods and Statistics at Leuven University, Belgium. He has more than 10 years of experience in pathways. Walter is the coordinator of the Belgian Dutch Clinical Pathway Network, a network with more than 110 organizations working on pathways with in total more than 1000 projects. He is the E-P-A treasurer.



Dr. Kris Vanhaecht (RN, PhD) is post doctoral research fellow at Leuven University, Belgium, where he teaches Quality Management. He has more than 10 years of experience in pathways and performed a PhD study on the impact of clinical pathways. He is mainly interested in organizational, multidisciplinary change and quality improvement methods. Kris is the secretary-general of the E-P-A and leads the international E-P-A multicenter study on care pathways.



Mr. Ruben Van Zelm (RN, MSc) is senior advisor for Q-consult in The Netherlands and has 8 years experience in care pathways. Ruben is mainly interested in the relation with evidence-based medicine and the use of clinical guidelines in pathways. He is the E-P-A expert in Lean Management. Ruben is the E-P-A secretary and responsible for the E-P-A newsletter.

How can you apply for a place at the 3rd E-P-A Summer School ?

The number of participants is limited to a group of 25. We aim to select a multidisciplinary and international group of healthcare professionals.

Therefore you will need to apply for a place by downloading the application form from the E-P-A website (www.E-P-A.org).

The E-P-A summer school committee will review all applications from the moment they are submitted.

The sooner you apply, the sooner you will know if you are accepted (first come first serve). The final date for submission is Monday April 12,



General Information:

For the 3rd summer school we have 2 options:

- *Basic option: 5 day summer school, more than 20 hours of education by an experienced international team of teachers, 4 hours of supervision on own pathway project, course materials (handouts, publications, CDrom with background info, ...) and international group work. During the 5 days you can enjoy a nice Italian lunch and 2 coffee breaks. On Friday evening we invite you to the E-P-A gala dinner where the official E-P-A certificates will be presented. In this option you take care of your own hotel accommodation (for more info on hotels: www.orta.net).*

The delegate fee for this basic option is 2100€.

- *We also provide a full option. This option combines the basic option + the hotel accommodation (Bed & Buffet Breakfast) for 6 nights in the 4 star San Rocco Hotel (=summer school hotel) (arriving on Sunday afternoon September 5 and leaving on Saturday morning September 11).*

The delegate fee for this full option is 2800€.

When your application is accepted, you will receive an invoice from the E-P-A. You are an official delegate when your deposit is transferred on the E-P-A bank account in Belgium.

***NOTICE:** The language of this summer school is English. There is no simultaneous translation. Participants must understand and speak English.*

Feedback from the previous summer school

During the first and second summer school, people from 18 different countries participated. The countries involved were: Austria, Belgium, Bosnia & Herzegovina, Canada, Denmark, Egypt, England, Finland, Germany, Ireland, Italy, Japan, Mongolia, Portugal, Serbia, South Africa, Switzerland and The Netherlands.



The summer school was like a pathway itself. Leading the delegates from the inception of pathways through the methodology for development, multidisciplinary and patient involvement, supporting evidence and evaluation of effectiveness. This is a fantastic achievement but even more so when one considers that the summer school was conducted in English despite the fact that only 5 delegates and 2 instructors were native English speakers. (Camille Staunton, Ireland)

The Summer School was truly international and demonstrated the universal desire for good patient care. (Jo Hoeflok & Joan Park, Canada)

The Orta Experience: multi-racial and cultural participants who came there with the same goal: "how to improve patient care?". (Violetta Tabligan, Switzerland)

We also support the fact you gave us all the opportunity to share our own experiences and ... also the Italian wine was wonderful. (Batsereedene Bata, Mongolia)

*"The more you learn, the more you realize you know nothing at all!"
That is what I realized in Orta. (Svin Deneckere, Belgium)*

Even though I didn't get all solution to all the practical questions I had at the beginning of the School, I got ideas how should we continue with our care pathways. I will recommend the course to my colleagues. (Anne Korhonen, Finland)

We are making a plan of a similar summer school in Japan based on this one. Many thanks again for staff and participants in the class. (Hidehisa Soejima, Japan)



At the beautiful San Rocco Hotel at Lago D'Orta in the North of Italy



The Summer School will be held in the wonderful Hotel San Rocco which is situated in Northern Italy on the beautiful Lake Orta. A perfect place to spend your post summer school holiday! The area around Lake Orta has long been a favourite place for tourists, thanks to the quiet beauty of the landscape, its fascinating history and its wealth of artistic treasures with principally Roman and Baroque architecture. It is easily reachable from Milan and Turin on the main trunk roads to neighbouring Switzerland. The closest airports are Milan and Lombardy. You can find more information about the location at www.orta.net and info on the hotel by visiting their website www.hotelsanrocco.it.



The San Rocco Hotel (white building).



The San Rocco Hotel conference room.